

LA DOLCE VITA WITH KIM & SANDRA “LIVE THE SWEET LIFE”



Photo: Denis Lauzon

La Dolce Vita with Kimberly Burns and Sandra Halliday. Kim and Sandra will take readers on a journey through their reviews of restaurants and businesses along with other venues and products in Sarasota and Manatee Counties. In their first venture, the reader will experience unique reviewing of restaurants through conveyance of taste, texture, aroma, and visual presentation of a restaurant's dishes. Entertaining insight on the ambience and the general impression of the restaurant, as well as on the staff's knowledge and attention to the diner's needs, will engage the reader in a culinary journey.

Promoting the Sarasota Region as one of the top South West Florida destinations for the well-travelled and discerning gourmand, as well as, promoting local businesses is their goal. Reviews will discuss whether the restaurant was successful in creating the dining ambience as marketed and if the staff had created a pleasant experience for the diner. The staff's knowledge will be tested in pairing wine with the menu and the reviewers will also seek to discover how the restaurant stands out from its competition. The discerning gourmand diner also wants to know the culinary tradition of the chef, his or her specialty dishes, training, and if s/he had worked internationally and if the chefs

support local farmers by purchasing locally farmed organic produce.

Dining is a social event and we eat out to enjoy convivial moments with the good company of our friends and family. Kim and Sandra will discuss the wine list and the range and variety of the restaurant's offering of adult beverages. Was the mixologist knowledgeable in recommending drinks when the customer had a particular preference on how s/he likes a cocktail prepared?

For the diner who has health concerns, reviews will enlighten the reader on the restaurant's selection of healthy meals, if the establishment will provide for alternate food choices and diets such as vegan or macrobiotic, have a gluten-free menu, and offer nutritional content or caloric amounts. Today's diner is so much more informed on the impact of one's diet and how it affects the health and well-being of the individual.

Kim and Sandra's discussion of their gastronomic experience will help the reader to decide if the restaurant being reviewed would be an establishment where one would want to visit and feel excited about having a wonderful time on a night out. Bon Appetit!

PLACES & SPACES



LBar

1917 S. Osprey Avenue
Sarasota, FL 34239
(941) 487.7300
tableside.com/libbys-cafe-
and-bar
Photo: Location

LBar is a hidden gem nestled within Libby's Cafe and Bar. Once you walk through the thick, velvet curtains you are transported to a swanky, sexy, speakeasy. With the dusky ambience and unique art pieces placed throughout the bar, the atmosphere is unlike anything else in Sarasota. With an ever-rotating menu and some of the most unique drink combinations in Sarasota, LBar has got you covered.

Whenever people travel they want to find that one place that only the locals know about, and that's LBar. Some of the best local musicians play here. There's live music every weekend and you know something will make you feel excitement that comes from enjoying life.

LBar has something for everyone. Leave your worries at the door and be ready for a good time. Pull up a chair, raise a glass, and cheers to the speak-easy times.



Marmalade

1927 S. Osprey Avenue
Sarasota, FL 34239
(941) 362.0276
marmaladelove.com
Photo: Hair

Located in sunny Sarasota, Marmalade is a sweet blend of everything we love...

A comfortable little spot where beauty and fashion mix with laughter, inspiration and imagination. Born in 2001 as the first local combo of its kind, Marmalade Salon and Boutique is happy to have grown into a fun lifestyle destination filled with beachy home decor, free spirited apparel and bohemian bling.

Don't mind the buzz of the blow dryers or the constant chit chat, that's just the echo of the hair salon in the place we call home.



Olivia Gibson

52 S. Palm Avenue
Sarasota, FL 34236
(941) 400.8847
Photo: MakeUp

Olivia Gibson is an accomplished and creative makeup artist with experience in all aspects of media makeup. She studied media makeup and theatrical special effects at Leeds city college, in England. Her beauty philosophy emphasizes flawless glowing skin, clean lines, and artfully blended colors that enhance natural beauty. Olivia is a versatile makeup artist who has a passion for her profession and all things beautiful.